


# December

Franklin County

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>Lunches are available on days when facilities are open to the public. Please contact your local senior center for a schedule. Menus are subject to change.</i></p> <p><i>Meals must be pre-registered by 12 p.m. the day before. Monday meals must be pre-registered by 12 p.m. on Friday.</i></p>		1	2
			<p>Cheese Lasagna Rollup w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Italian Bread Fresh Fruit Chocolate Milk</p>	<p>Moroccan Beef 1/2c Vegetable Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Mandarin Oranges Milk</p>
5	6	7	8	9
<p>BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Milk</p>	<p>Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit Milk</p>	<p>Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 White Bread 1/2c. Applesauce Milk</p>	<p>Turkey w/gravy 1/2c Whipped Potatoes 1/2c Sweet Corn 1 White Bread 1 Cookie Chocolate Milk</p>	<p>Salmon Croquette 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Fresh Fruit Milk</p>
12	13	14	15	16
<p>Pepper Steak w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Pears Milk</p>	<p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup w/ Crk 1 Dinner Roll 1/2c Fruit Mix Milk</p>	<p>Hot Dog 1/2c. Buttered Noodles 1/2c. Pickled Beets Hot Dog Bun Fresh Seasonal Fruit Milk</p>	<p><b>Christmas Meal</b> Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Candied Carrots 1 White Bread Gingerbread w/ Topping Chocolate Milk</p>	<p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Mixed Vegetables 1 Italian Breadstick 1/2c Mandarin Oranges Milk</p>
19	20	21	22	23
<p>BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Coleslaw Wheat Bread Fresh Orange Milk</p>	<p>Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice Milk</p>	<p>Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie Milk</p>	<p>Spaghetti &amp; Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad Chocolate Milk</p>	<p><b>Holiday Closed</b></p>
26	27	28	29	30
<p><b>Holiday Closed</b></p>	<p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin Milk</p>	<p>Hot Dog Au gratin Potatoes Mixed Vegetables Hot Dog Bun Pineapple Milk</p>	<p>Chicken Stew- 1c. 1/2c. Coleslaw Buttermilk Biscuit 1/2c. Peaches Milk</p>	<p>Kielbasa Sauerkraut Mashed Potatoes Dinner Roll Mandarin Oranges Milk</p>